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LIGO Laparoscopic Institute
for Gynecologic Oncology
40 Buckeye Court, Portola Valley, CA 94028-8015

**TOTAL LAPAROSCOPIC HYSTERECTOMY
AND ADVANCED LAPAROSCOPIC
AND PELVIC SUPPORT PROCEDURES**

Intensive hands-on surgical course using
state-of-the-art techniques and equipment

MARCH 19-21, 2009 SAN FRANCISCO, CA

LIGO Laparoscopic Institute
for Gynecologic Oncology

**4TH ANNUAL
SURGICAL MASTERS' COURSE**

**TOTAL LAPAROSCOPIC HYSTERECTOMY
AND ADVANCED LAPAROSCOPIC
AND PELVIC SUPPORT PROCEDURES**



**Intensive hands-on surgical course using
state-of-the-art techniques and equipment**

**THURSDAY-SATURDAY
MARCH 19-21, 2009
HOTEL NIKKO SAN FRANCISCO
SAN FRANCISCO, CALIFORNIA**

*Continuing Medical Education Credit is provided through
joint sponsorship with the American College of Obstetricians
and Gynecologists (ACOG)*

**Designed for gynecologic surgeons and
oncologists, this intensive 'how to' course
will demonstrate 3 techniques of total
laparoscopic hysterectomy and many
advanced laparoscopic and vaginal
support procedures using slides, videos,
pelvic trainers and an optional cadaver lab.**

FEATURED GYNECOLOGIC SURGEONS

Kate O'Hanlan, MD, Medical Director

Laparoscopic Institute for Gynecologic Oncology
Portola Valley, CA

Catherine Allaire, MD

UBC Centre for Reproductive Health,
BC Women's Hospital, Vancouver, BC

Kelli Beingesser, MD

Fresno Women's Medical Group, Fresno, CA

Andrew I. Brill, MD

The Center for Advanced Surgical Options
in Gynecology, San Francisco, CA

John Hoff, MD, PhD

Hoff Medical Group, Palo Alto Medical Foundation
Redwood City, CA

Sarah Hosford, MD

Midtown Gyn Oncology, Atlanta, GA

Barbara Levy, MD

Women's Surgery Group, Seattle, WA

R. Wendel Naumann, MD

Blumenthal Cancer Center, Charlotte, NC

Camran Nezhat, MD

Center for Special Minimally Invasive Surgery
Stanford University, Palo Alto, CA

Pedro Ramirez, MD

M. D. Anderson Cancer Center, Houston, TX

Craig J. Sobolewski, MD

Center for Minimally Invasive Gynecologic Surgery
Duke University Medical Center, Durham, NC

Edward Stanford, MD

The University of Tennessee Health Science Center
Memphis, TN

Kevin J. Stepp, MD

Case Western Reserve University, Cleveland, OH

EDUCATIONAL OBJECTIVES

Upon completion of this course, surgeons will have better understanding of the following as they apply to patient care:

- Total laparoscopic hysterectomy: three techniques
- Advanced laparoscopic procedures: enterocele repair, uterosacral ligament plication, ureterolysis and bowel surgery for endometriosis, cystoscopy, appendectomy
- Laparoscopic radical hysterectomy, transperitoneal pelvic and retroperitoneal aortic node dissections, omentectomy, and staging of malignancies
- Laparoscopic surgery for the very obese, the very large mass, and the very large uterus
- Anesthetic implications of steep trendelenberg and pneumoperitoneum
- Avoidance and management of intestinal and urological injury
- Use of TOT, TVT and meshes for incontinence or prolapse
- Ethical issues of incorporating new skills into practice

ACCME ACCREDITATION

The American College of Obstetricians and Gynecologists (ACOG) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

**AMA PRA CATEGORY 1 CREDIT™
AND ACOG COGNATE CREDIT**

The American College of Obstetricians and Gynecologists (ACOG) designates this educational activity for a maximum of 26 AMA PRA category 1 credits™ or up to a maximum of 26 category 1 ACOG cognate credits. Each physician should claim credit commensurate with the extent of their participation in the activity.

EDUCATIONAL GRANTS

This course is supported in part by educational grants from Covidien, Stryker Endoscopy, Snowden-Pencer, Baxter and Lexion Medical in accordance with the ACCME guidelines for commercial support.

SCHEDULE AT A GLANCE

DAY 1 / THURSDAY, MARCH 19

- 7:00** Breakfast, exhibits
- 8:00** Introduction, logistics, learning curve, challenge for practice – *Dr. O'Hanlan*
- 8:15** What every surgeon needs to know about electrosurgery – *Dr. Hosford*
- 8:45** Essential laparoscopic skills: repair of cystotomy, enterotomy, vaginotomy – *Dr. O'Hanlan*
- 9:05** TLH: effects, parametrial dissection, vaginal closure – *Dr. O'Hanlan*
- 9:50** Suture session and break: suturing and knot tying on pelvic trainers – *All faculty*
- 10:30** TLH, large uteri – *Dr. Sobolewski*
- 11:00** Operative laparoscopy for extensive endometriosis and adhesions – *Dr. Nezhat*
- 11:30** TLH with unusual complications – *Dr. Ramirez*
- 12:00** Lunch and Exhibits
- 1:00** Surgical anatomy of the retroperitoneal spaces – *Dr. Naumann*
- 1:40** Surgical Anatomy of pelvic support – *Dr. Stanford*
- 2:30** Surgery planning for prolapse repair – *Dr. Stepp*
- 3:10** Suture session and break: suturing and knot tying on pelvic trainers – *All faculty*
- 3:55** Vaginal Hysterectomy: tips and tricks, A&P repairs – *Dr. Levy*
- 4:35** Anesthesia concerns: when to open, DVT prevention, nausea, pain – *Dr. Parnell*
- 5:00** Reception and suture session: suturing and knot tying on pelvic trainers – *All faculty*
- 6:00** TLH: Step-by-step – *Dr. O'Hanlan and faculty*
- 7:00** Videos of bloopers, anomalous anatomy, amazing procedures – *All faculty and attendees*
- 8:00** Adjourn



DAY 2 / FRIDAY, MARCH 20

- 7:00** Breakfast, exhibits, pelvic trainers
- 8:00** TLH: set-up, trocars, fibroids, appendectomy, cystosufflation, cystoscopy – *Dr. O'Hanlan*
- 8:50** The uterosacral ligament: anatomy, utility in prolapse repair and prevention – *Dr. Allaire*
- 9:20** Hemorrhage, ureteral injury, cystotomy, oophorectomy, endometrioma – *Dr. O'Hanlan*
- 10:10** Laparoscopic management of pelvic masses – *Dr. Naumann*
- 10:50** Suture session and break: suturing and knot tying
- 11:30** Intestinal injury: diagnosis and repair – *Dr. O'Holleran*
- 12:00** Lunch and Exhibits, pelvic trainers
- 1:00** **Concurrent sessions:** Urogynecologists and Gynecologists in Ballroom, Moderator: *Dr. Stanford*
- 1:00** Laparoscopic myomectomy and morcellation standards – *Dr. Hoff*
- 1:30** Surgical sling procedures – *Dr. Stanford*
- 2:10** Urodynamics and complications of slings – *Dr. Stepp*
- 2:40** TLH in the obese woman – *Dr. Allaire*
Vaginal Hysterectomy: tips and tricks, A&P repairs – *Dr. Levy*
- Concurrent sessions:** Oncologists in Suture Café, Moderator: *Dr. Naumann*
- 1:00** Laparoscopic radical hysterectomy, pelvic node dissection – *Dr. Naumann*
- 1:40** Radical retroperitoneal aortic infrarenal lymphadenectomy – *Dr. O'Hanlan*
- 2:30** Laparoscopic staging of cancers, transperitoneal aortic node dissection – *Dr. Ramirez*
- 3:10** Suture session and break: suturing and knot tying: Final timing session
- 3:50** Coding for TLH and advanced support procedures – *Dr. Levy*
- 4:30** Ethical integration of newly learned laparoscopic skills into surgeon's armamentarium – *Drs. Beingesser, Sobolewski, Levy, Allaire, O'Hanlan, Stepp, Stanford, Hoff, Naumann, Ramirez, and Hosford*
- 5:30** Adjourn

DAY 3 / SATURDAY, MARCH 21

- 6:00** Breakfast at hotel in scrub attire
- 6:30** Briefing about dissection day
- 7:00** Bus departs to laboratory
- 8:00** Group A: Cadaver lab: general gynecologists – laparoscopic procedures
Groups B1 / B2 / B3: Classroom Sessions
Moderator: *Dr. Brill*
- 8:30** TLH challenges: anatomy – *Dr. Brill*
- 9:30** TLH challenges: large fibroids – *Dr. Sobolewski*
- 10:30** TLH challenges: adhesions – *Dr. Allaire*
- 11:45** Lunch
- 1:15** Group A: Classroom sessions – general gynecologists
Moderator: *Dr. Brill*
- 1:30** TLH challenges: anatomy – *Dr. Brill*
- 2:30** TLH challenges: large fibroids – *Dr. Sobolewski*
- 3:30** TLH challenges: adhesions – *Dr. Allaire*
Group B1: Cadaver lab: general gynecologists - laparoscopic procedures only.
Group B2: Cadaver lab: general gynecologists – laparoscopic then vaginal procedures, paravaginal sutures, laparoscopic colpopexy
Group B3: Cadaver lab: Oncology node dissections, radical hysterectomies
- 5:00** Adjourn. Bus to Airport and Hotel Nikko San Francisco

Quotes from 2008 course attendees:

"This is what every course should strive to be...an excellent mix of hands-on simulated cadaveric experience, didactics and audio-visual presentation of technique."

"Faculty was uniformly superior to any other course in knowledge, presentation, syllabus and insight...what a joy it was to attend!"

"I have been waiting two years to come. I was not disappointed. Likely the best course I have ever attended."

**REGISTER FOR THE COURSE AND HOTEL AT:
WWW.LIGO COURSES.COM**

REGISTRATION

REGISTER ON-LINE AT WWW.LIGOCOURSES.COM

This is a very concentrated course designed for maximum laparoscopic learning and skill building, employing surgical videos, practice surgery trainers and cadaver surgery, using the most modern surgical instruments and materials. **Participants are strongly encouraged to attend with a colleague from their practice to enhance their likelihood of successfully practicing their newly learned skills.**

The tuition is \$1,575 for the two-day course (\$1,075 for residents and retired physicians) and \$2,475 for the three-day course. **Priority registration will be given to surgeons registering with a surgical partner for all three days.**

Registrations are accepted on a first come, first served basis. Accepted reservations will be confirmed by email. Cancellations made before February 19, 2009 will be refunded minus a \$100 administrative fee. No refunds will be issued after February 19, 2009.

For questions regarding registration, contact Léonie Walker at leonie@ligocourses.com or 650-245-2292.

Registrant with a Disability: This course complies with the Americans with Disabilities Act by providing access to all portions of the program. If you have special needs that require additional assistance, contact Léonie Walker at leonie@ligocourses.com or 650-245-2292.

To register for the course and hotel, go to :
WWW.LIGOCOURSES.COM

LOCATION AND HOTEL INFORMATION:

Hotel Nikko San Francisco, San Francisco, CA
www.hotelnikkosf.com (800) 248-3308



Ideally located in the very heart of the city, Hotel Nikko is a short walk from the fine shops, theaters and restaurants at Union Square.

Reservations must be made by February 25th to secure the conference group rate of \$209.

Group rates are valid three days prior to and three days after the conference subject to hotel availability. Please note the hotel's 72 hour cancellation policy and early departure fee of \$50. Roundtrip transportation will be provided from Hotel Nikko to the laboratory facility on Saturday, March 21.

REGISTRATION DEADLINE: FEBRUARY 19, 2009